



SUNDAY  
**JULY 14**  
8 & 11AM

# PRAISING FROM A PAINFUL PLACE

Journeying with Jonah

JONAH 2:1-10

A SERMON BY REV. DR. HOWARD-JOHN WESLEY

REV. DR. HOWARD-JOHN WESLEY, SENIOR PASTOR  
301 S. ALFRED STREET • ALEXANDRIA, VA 22314 • ALFREDSTREET.ORG



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**CHARACTER IDENTIFICATION – USE YOUR  
IMAGINATION TO CONNECT WITH THE EXPERIENCE,  
EMOTION, AND MOTIVATION OF THE PEOPLE IN  
SCRIPTURE**



SCAN FOR PHJW  
SERMON NOTES

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# IN THE BELLY OF THE FISH JONAH LIFTS UP A PSALM OF THANKSGIVING



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# THERE'S ALWAYS A REASON TO BE THANKFUL



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# JONAH IS THANKFUL FOR THE POWER OF PRAYER



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## FISH

1:17 – JONAH IS SWALLOWED BY A FISH = *DAG (MASC)*

2:1 – JONAH PRAYS FROM THE BELLY OF THE FISH =  
*DAGA (FEM)*



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**BELLY OF THE FISH = *DAG (MASC)* = THE DIGESTIVE SYSTEM**

**BELLY OF THE FISH = *DAGA (FEM)* = THE REPRODUCTIVE SYSTEM**



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## JONAH IS THANKFUL FOR GOD'S PAST PERFORMANCE



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